



## Techno-Aide

1.

### Measuring Length

With the EZ Fit Measuring Drape facing forward for the type of apron desired, place your head through the provided opening. Align neckline of the drape to your Suprasternal (Sternal) Notch\* as shown on the example to the right when measuring Apron length. For Skirts, align the "Top of Skirt" line to where the top of your skirt typically rests.

\*Suprasternal Notch is located where the collar bones meet at the bottom of the neck.

#### Vest Lengths

It is recommended that Vest lengths sit below the belt line and allow for a minimum 2" overlap for matching leaded skirts. If you size into a "dual size" area, use the width chosen in step 2 for length. (The example to the right measures L/XL for length.)

#### Apron/Skirt Lengths

It is recommended that Full Length Apron & Skirt lengths rest at or below the middle of the knee for full protection and to allow for natural mobility. (The example to the right measures L for length.)

2.

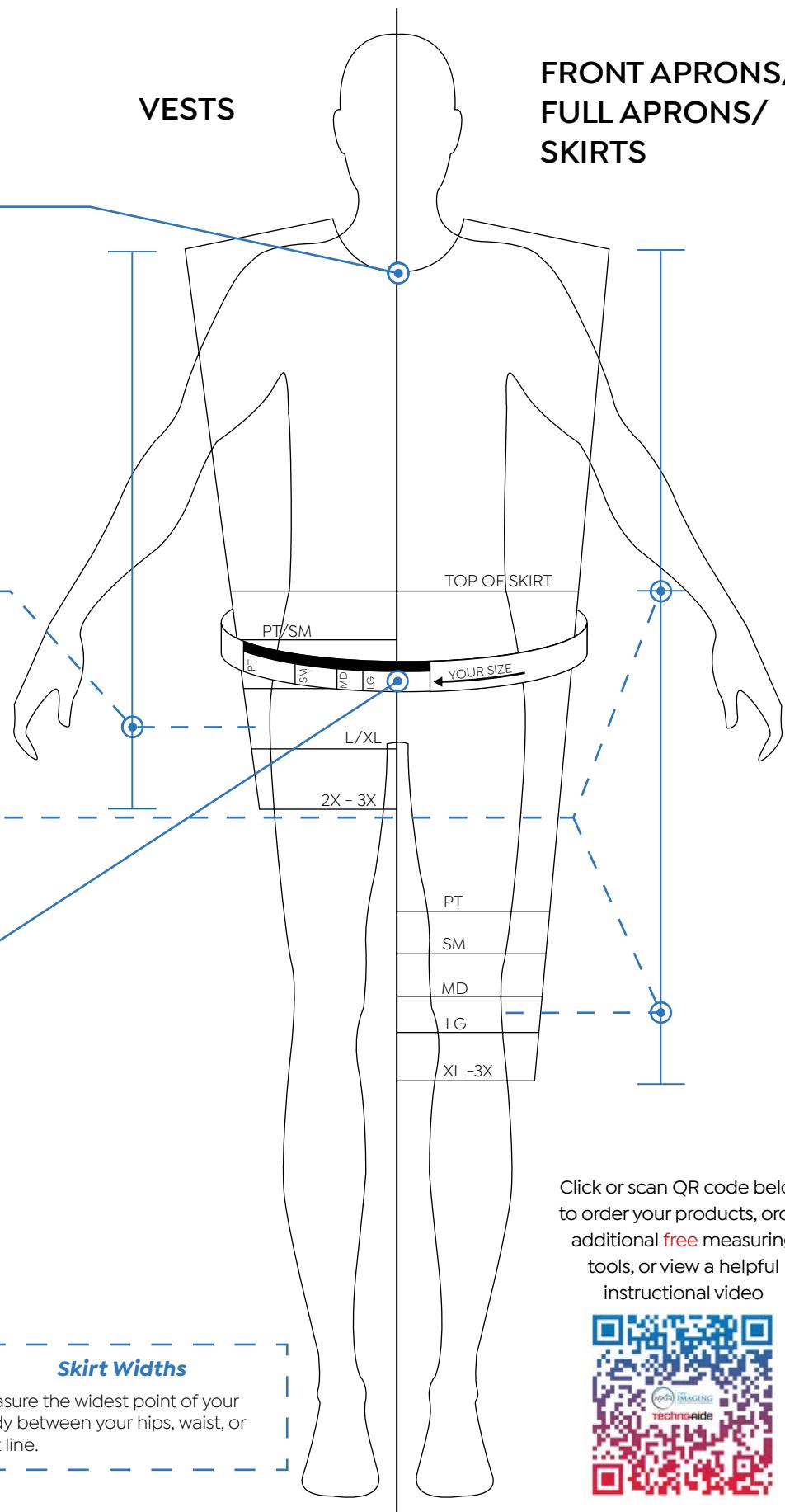
### Measuring Width

Once length is determined, wrap the EZ Fit Measuring Belt around the widest point of your body. Comfortably secure the Belt with the hook & loop strips. Belt should not move/slip while walking. Use Arrow with "Your Size" to choose correct width. If size falls on a dividing line, Techno-Aide recommends sizing up to the larger size.

#### Vest & Apron Widths

Measure the widest point of your body from the armpits down to length chosen in step 1.

## VESTS



## FRONT APRONS/ FULL APRONS/ SKIRTS

Click or scan QR code below to order your products, order additional free measuring tools, or view a helpful instructional video

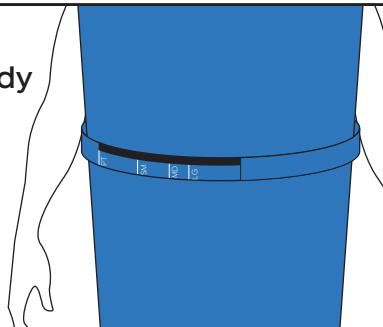


# STEP-BY-STEP MEASURING PROCESS

## APRONS & VESTS

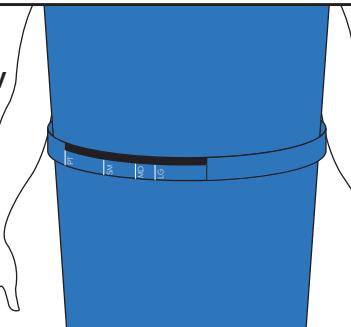
### STEP 1 - WIDTH

Wrap belt around widest point of body below armpits. Secure belt so it does not move while walking.



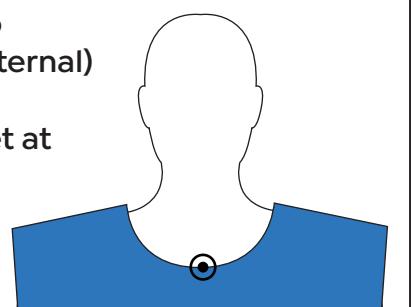
### STEP 2 - WIDTH

Once belt is secure, use location of arrow to determine width. If arrow falls on a dividing line, use next size up.



### STEP 3 - LENGTH

Align neckline to Superasternal (Sternal) Notch, where collarbones meet at bottom of neck.



### STEP 4 - LENGTH

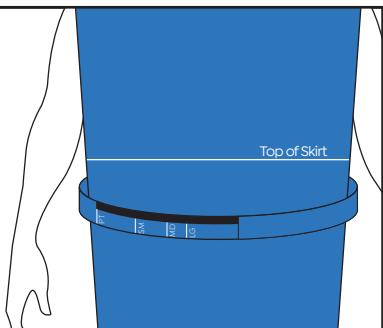
**Aprons:** Measure at or below knee depending on comfortability.  
**Vests:** Measure below belt line, allowing 2" overlap with skirts\*.



## SKIRTS

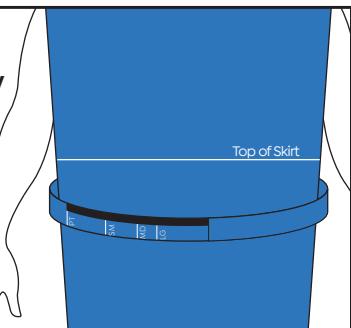
### STEP 1 - WIDTH

Wrap belt around widest of either hips, waist, or belt line. Secure belt so it does not move while walking.



### STEP 2 - WIDTH

Once belt is secure, use location of arrow to determine width. If arrow falls on a dividing line, use next size up.



### STEP 3 - LENGTH

With neckline still aligned to Sternal Notch, find "Top of Skirt" line and measure to same spot on knee as apron length.

